Discover the magic of

## MASK MAKING With Diana Alrich, LMFT

dianaalrich.weebly.com

Mask making is a creative way to honor a deeper sense of life, too often buried in the rush of our day to day lives. Please join us in this Autumn Season, which brings Halloween and the Day of the Dead Celebrations, in a mask-making project which acknowledges our ancestors, both personal and symbolic, and which reminds us that we are part of a stream of life that reaches back through the ages. Let us take with us our lessons, our wisdom, and jettison the rest, including old outdated selfimages. Make room for a new sense of yourself to grow quietly underground, in the dark of Winter.

Workshop series: Fridays 6 to 8:30 pm Dates October 13, 20th, and 27<sup>th</sup>. Location: Placer Arts - 910 Lincoln Way, Auburn For more information <u>linda@placerarts.org</u> Phone: (530) 613-6284 Fee \$100